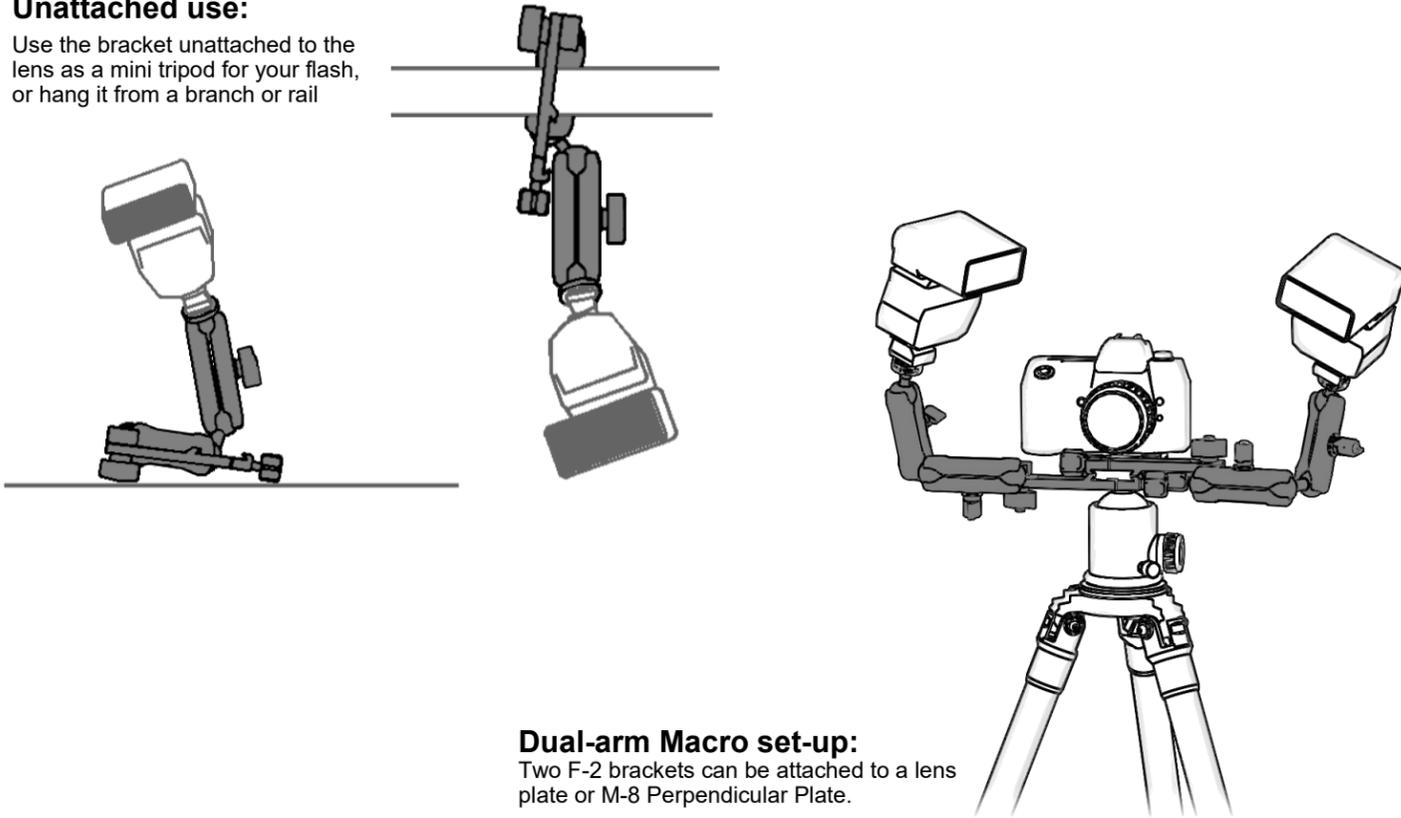


Other Uses and Add-ons:

Unattached use:

Use the bracket unattached to the lens as a mini tripod for your flash, or hang it from a branch or rail



Dual-arm Macro set-up:

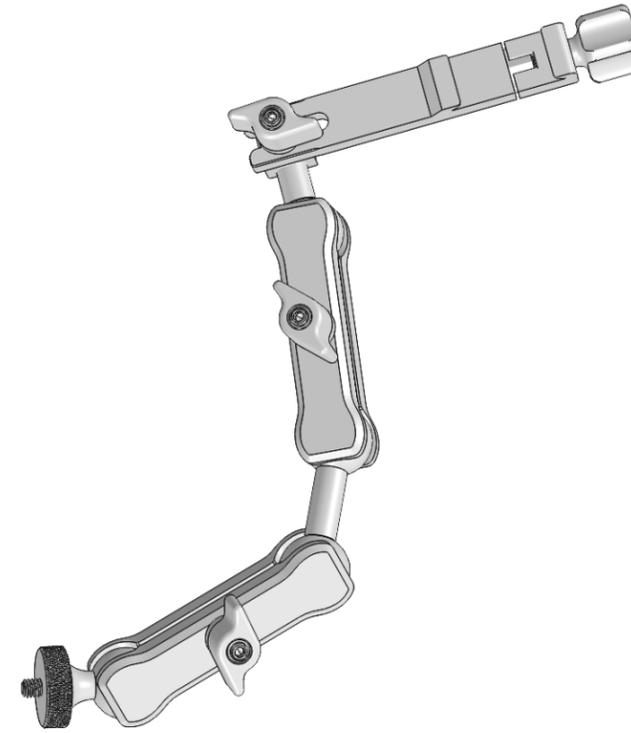
Two F-2 brackets can be attached to a lens plate or M-8 Perpendicular Plate.

F-2 Flash Bracket

Wimberley
F-2 Macro Flash Bracket



7 53182 83414 6



Package Contents:
M-1 Module: Quick-release (Qty 1)
M-4 Module: Macro Arm (Qty 1)

Made in USA

Dimensions (overall L x W x H): 5.5" x 4.25" x 1.9" in Weight: 11.4 oz (322g)

Wimberley, Inc. Phone: 1-434-529-8385
1750 Broadway St Toll Free: 1-888-665-2746 (USA & Canada)
Charlottesville, VA www.tripodhead.com info@tripodhead.com
22902 USA
10 Year Warranty – for details see www.tripodhead.com/warranty.cfm

The Plamp Family of Macro Supports:

Create a mobile macro studio with our family of articulating clamping arms, stakes and accessory components. Confidently hold subjects, reflectors background elements and other items needed to compose your photo.

Change the orientation of your subject to make an impossible camera angle into an easy one

Move your subject into the desired position for lighting

Ground Plamp

Extension Tube

Plamp II

12" Reflector

Hold reflectors, diffusers, small lighting units or shades to prevent lens flares

Steady wind-blown plants for ambient light photography

24" Reflector

Move distracting background or foreground elements out of the way

Move your subject to isolate it from distracting background or foreground elements

Thank you for your interest in Wimberley products. If you have any questions or comments please feel free to contact us.

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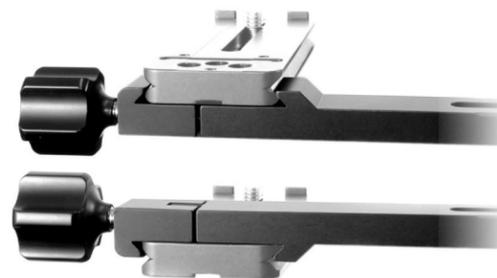
Instructions on reverse >>

Rev. 200317

Attaching the Bracket to a Lens:

The F-2 bracket attaches to your Arca-Swiss style lens plate using a narrow low-profile quick-release (QR) clamp, which eliminates loose screws and the need for tools. The clamp on the bottom (M-1) module can be attached to the bottom dovetail of an Arca-Swiss style plate or can be flipped to attach to the top dovetail of a double dovetail plate.

See **Connecting Flash Bracket modules:** on the opposing page for more details.



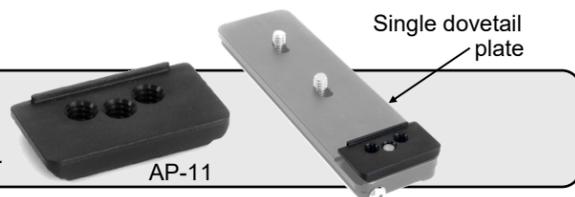
M-1 Quick-release Arm Module shown here with QR clamp up and QR clamp facing down.



F-2 mounted on a lens plate

F-2 mounted on the P-5 Universal

Attach M-1 Quick Release to single dovetail plates: Use the AP-11 to convert older, single dovetail plates made by Really Right Stuff and Kirk to the double dovetail configuration for greater flexibility in bracket attachment.



Single dovetail plate

AP-11

Attaching and Removing Your Flash Unit:

Wimberley Flash brackets have a 1/4"-20 thumbscrew that attaches to an off-camera hot shoe cable or a wireless cold shoe adapter such as the Wimberley AP-7. The flash cord connects your flash unit to the camera body electrically. We do not sell flash cords.

Please follow camera and flash unit recommendations when purchasing flash cords to ensure proper signal transmission.

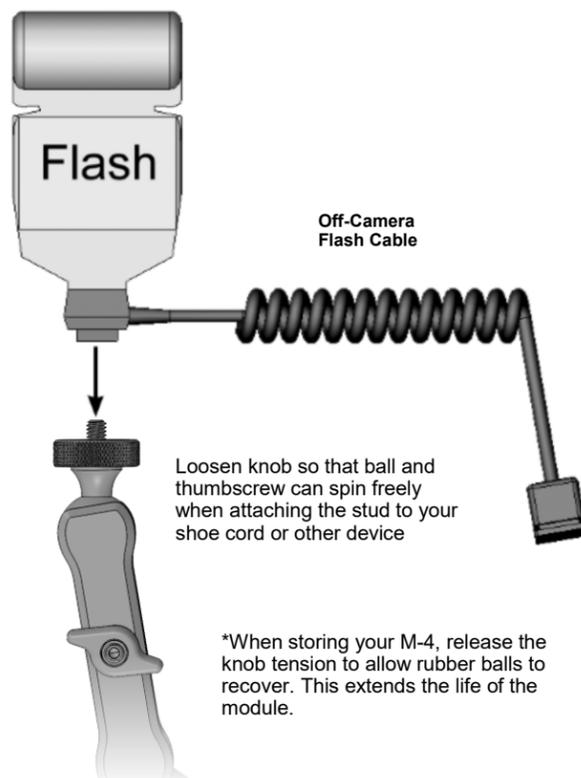


Canon Off-camera Shoe Cord

Nikon Off-Camera Shoe Cord



AP-7 Cold Shoe



Off-Camera Flash Cable

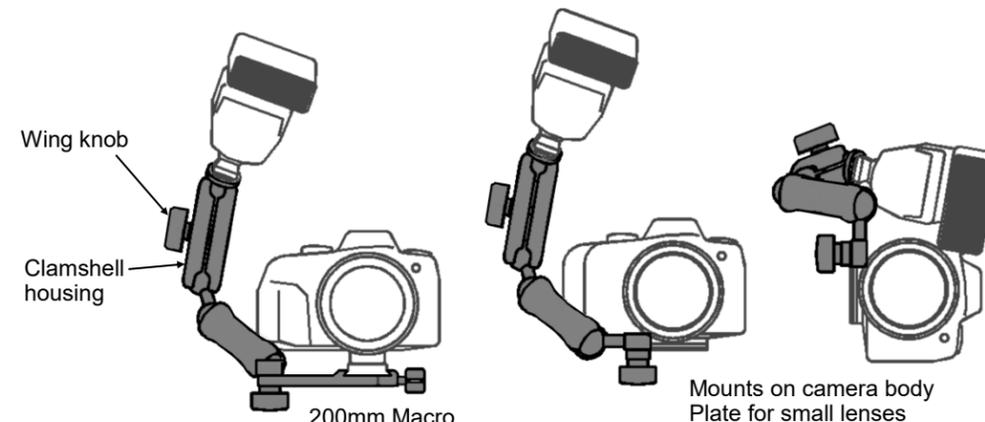
Loosen knob so that ball and thumbscrew can spin freely when attaching the stud to your shoe cord or other device

*When storing your M-4, release the knob tension to allow rubber balls to recover. This extends the life of the module.

Positioning your Flash:

To position your flash, simply loosen the two wing knobs on the Macro Arm clamshells. This allows for quite a wide array of flash positions.

Tighten the wing knobs to lock the flash securely into position.



Wing knob

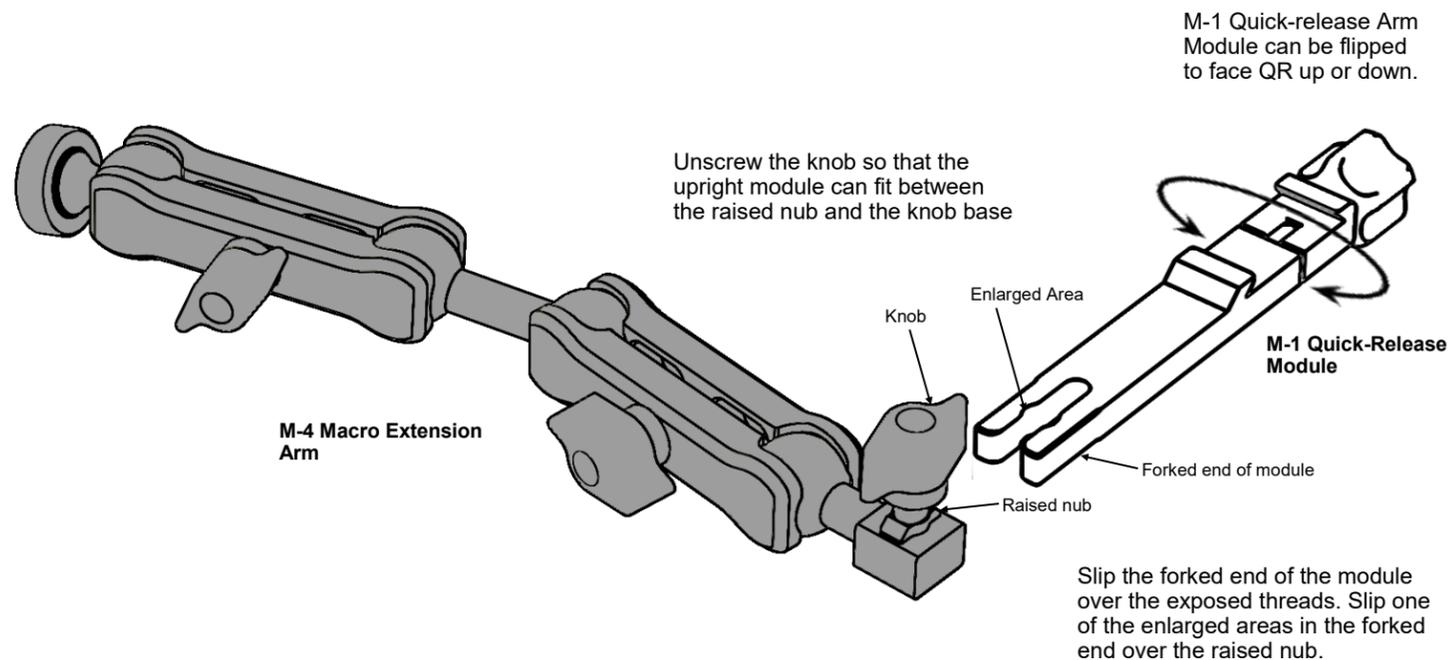
Clamshell housing

200mm Macro

Mounts on camera body Plate for small lenses

(shown without off-camera flash cord)

Connecting Flash Bracket Modules:



Unscrew the knob so that the upright module can fit between the raised nub and the knob base

M-1 Quick-release Arm Module can be flipped to face QR up or down.

M-4 Macro Extension Arm

Knob

Enlarged Area

M-1 Quick-Release Module

Forked end of module

Raised nub

Slip the forked end of the module over the exposed threads. Slip one of the enlarged areas in the forked end over the raised nub.